

The OHSU Health Network

What's the OHSU Health Network?

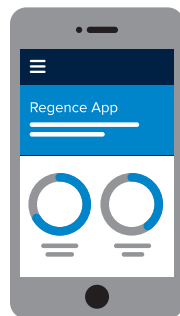
This quality-focused network is designed to deliver better health outcomes at a lower cost. With broad access to more than 4,900 providers, this includes OHSU Hospital, Doernbecher Children's Hospital and Knight Cancer Institute, as well as OHSU's partner health systems, Adventist Health Portland and Tuality Healthcare. For virtual care, you can use OHSU Virtual Visits or Doctor On Demand.

What happens if you choose an out-of-network provider?

All of our medical plans are Exclusive Provider Organization (EPO) plans, which offer no coverage outside the network (except urgent and emergency care). To avoid surprise bills, you must be very careful to always see an in-network provider. Find in-network providers at [regence.com](https://www.regence.com). Or call Customer Service at 1-888-REGENCE (734-3623).

When you're traveling

Urgent care, emergency facilities and ambulance services are in-network as long as you use BlueCard® when traveling outside Idaho, Oregon, Utah and Washington. With plans on this network, there is no coverage outside the network (except for urgent and emergency care)—so you must be very careful to always see an in-network provider. You also have 24/7/365 access to virtual care through OHSU Virtual Visits or Doctor On Demand if you are traveling outside the state. Out-of-network urgent care is covered as in-network, subject to balance billing.



Download the Regence app!

The Regence app is available for free for Android and iOS. It gives on-the-go access to a digital member ID card. In addition to seeing claims and benefit information, you can use it to find in-network doctors and estimate costs.



Hospitals

You can find an in-network doctor at [regence.com](https://www.regence.com) or call Customer Service at 1-888-REGENCE (734-3623).

- OHSU Hospital
- Adventist Health M.C.
- Tuality Community Hospital
- Doernbecher Children's Hospital
- Knight Cancer Institute